



Returning to the Studio at Delta Level 2

Please remember our situation is temporary.

We ask that everyone please take the time to read the following.

If we do not comply with the regulations, we could have to revert back to online lessons.

PLEASE STAY AWAY FROM CLASSES AND STUDIOS IF UNWELL

- Please stay home if you are sick. Any student showing symptoms of being unwell will not be permitted into class.
- If a child becomes visibly unwell during class, we will contact the primary caregiver listed on your enrolment form. Children feeling unwell during class will be asked to sit at the back of the studio until collected.
- If you have changed your contact phone number please let us know.
- Follow good hygiene practices. Cough and sneeze into your elbow. Avoid touching your face.
- Hand sanitise before class entry.

MASK WEARING

- Masks are mandatory for everyone 12 and over on arrival, departure, and in waiting areas, for all our staff as well as caregivers and students. If any under 12s can wear a mask in these areas, that would be appreciated.
- Masks do not have to be worn by our dancers when they are in the studios during class but can be if that is preferred by the individual.

NUMBER RESTRICTIONS AT VENUES

- Our restrictions come from 2-metre social distancing rules vs space available as well as a maximum of 50 people in the venue at one time. For this reason, we ask only dancers enter our venues.
- Exceptions will be made for very young children especially when access to the dance room is a bit trickier e.g. Lincoln Event Centre.

DANCERS ONLY WILL BE PERMITTED TO ENTER THE DANCE ROOMS AND STUDIOS

- **Due to number restrictions, our facilities cannot accommodate caregivers or family members.**
- A caregiver may escort their child up to the facility and collect them after class.
- Teachers will help younger children get their dance shoes on and change back into street clothes and shoes after class
- Pre-Schoolers may have one caregiver accompany them into their class but this caregiver will not be able to stay during the class.
- Students are to try hard to retain 2-metre distancing at all times

STUDENTS / CAREGIVERS WILL NOT BE ABLE TO USE THE FOLLOWING

- **Kitchen facilities** including kitchen benches, taps, utensils, cups/glasses, fridges or microwaves.
- **Studio props and equipment** such as knee pads, yoga mats or props for dances. This includes scarves and wands and other handheld items used in class. We ask that if students are wishing to use these items while restrictions are in place that they purchase and bring their own.
- **Dressing rooms or waiting rooms cannot be used for social purposes.** These areas will be designated for purpose use only.

CONTRACT TRACING AND SIGN IN

- Students and teachers do not need to sign in as the rolls will be the contract tracing. Class rolls will be kept for records.
- All other people entering venues must sign in or use the tracing app.

COME READY FOR CLASS

- The less 'changing' at the studios the better. Students need to wear dance clothes under street clothes so they do not need to get fully changed at the venues (unless coming from school and they are unable to go home first or change in the car) .
- We ask that hair be done before entering the venues, please.
- If anyone needs to change at studio, as coming from school, prior notification would be appreciated to make ensure we have spaces big enough for this.
- Please go to the toilet before coming to the venues to help minimise bathroom usage.
- Please wash your hands before coming to class. Use hand sanitiser on arrival at your venue.

STUDENTS MUST TAKE HOME EVERYTHING THEY BRING TO THE STUDIO

- We would greatly appreciate having no lost property, please. Students need to be accountable for their own possessions. If layers are removed in class, they are to be put straight into student's own bags.

ARRIVAL

- 2-metre distancing at all times, please
- Students need to arrive with their dance uniform under street clothes – do not change out of street clothes until inside the dance room – street clothes and shoes to be put in student's own dance bag during class.
NB: Dance shoes must not be worn outside. Please wear street shoes over the top or change once in the dance room
- Hair done before arrival, please. No sharing of hair care.
- **As mentioned above due to number restrictions our facilities cannot accommodate caregivers or family members.**
- A caregiver may escort their young child up driveways and collect them from that place after class.
- Older students need to arrive unescorted, please.
- Weather and Light permitting please wait outside for your teacher to come out and collect you.
- **Please wait away from the entrance and exits** to the buildings to allow for students exiting buildings to do so single file and without obstruction.
- Only staff cars are permitted at Papanui Studio driveway until after 5.30, please.
Please look for signage on arrival to venues with multiple classrooms, for instruction about which entrance/exit students will be using and where their waiting areas are. If there is no signage, please use the main entrance.

WAITING AREAS

- 2-metre distancing at all times please – inside and outside.
- It is preferred that students wait outside for their class but in the case of bad weather or lack of daylight, students may wait inside, in designated areas before class, as long as social distancing is adhered to.
- We ask that students **do not enter these areas more than 5 minutes before class.**
- Any students attending multiple classes on one day may use the designated waiting area between classes where possible but must adhere to social distancing rules at all times. Please let us know if your child will be waiting between classes.
- Students with more than a one-hour wait may need to leave and return.
- We will provide **designated changing areas** for those who cannot get ready at home. Please let us know in advance if this applies to your child.
- We must use common sense at all times.
- 2-metre social distancing where possible. When this is not possible the "Daylight" rule must apply and there should be daylight visible between students at all times.
- Please remind your child to not touch anything that doesn't belong to them while they are in the waiting areas.

CHANGING AREAS

- Students will change out of street clothes once in their classroom and street clothes and shoes are to be put into dance bags.
- As above - If any student is arriving straight from school they may change in the designated area. Please let us know in advance.

ENTRY INTO DANCE ROOM

- Your teacher will let you know when you can enter the dance rooms.
- Only dancers and staff will be permitted to enter these areas.
- Separate entry to exit will be used where possible.

AFTER CLASS

- 2-metre distancing for all caregivers waiting to collect children.
- Classes will finish a little early allowing dancer's time to put their street clothes and shoes on to exit the dance rooms.
- Caregivers, please arrive at least 5 minutes early to pick your children up to ensure no one is waiting after class to be collected.
- If a caregiver is delayed the child, depending on age, time of day and weather, will be asked to wait either outside the exit door or in the waiting area. Older students may wait closer to the driveway exit but we would prefer no one wait on the street, please.
- High use surfaces will be cleaned after classes in preparation for the next group of students.

CHECKLIST FOR ALL STUDENTS

PLEASE BRING THE FOLLOWING TO CLASS

- Dance bag with what you need for the class you are attending and big enough to fit all street clothing and shoes while in class.

As well as:

- Hand towel for drying hands after using the bathroom to minimise paper towel use.
- A small packet of tissues.
- Hand sanitiser.
- Full drink bottle – water only.
- Band-aids / Personal Medication / Personal hygiene products if required.

You may also need the following as these will not be supplied in class:

- Yoga mat for stretch classes.
- Knees pads.
- Handheld props used for dances or an exercise.

PLEASE DO NOT BRING

- Large bags / any unnecessary items. Please just bring what you need for your class on the day you are attending.
- No Sticker books and notebooks during this time, please.
- No food unless attending multiple classes. **Students attending one class** do not need to bring food. **If attending multiple classes on one day** - Snack type food only not meals.
- Students must take their own rubbish home.